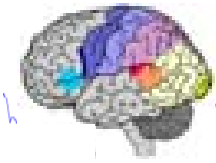


GETTING STARTED WITH NEUROFEEDBACK WORKSHOP



**DATE: SATURDAY & SUNDAY
29-30 AUGUST 2009
9-5PM**

VENUE: Y HOTEL, 5-11 WENTWORTH AVE SYDNEY

FACILITATED BY: DR ANGELO SCHIBECI
PSYCHOLOGIST AND NEUROFEEDBACK PRACTITIONER.

Angelo originally trained with EEG Spectrum in Los Angeles, CA in 1997. The trainers included Siegfried & Sue Othmer, Professor Barry Sterman and Bill Scott. He later trained with Tom Allen of Thoughttechnology. Angelo has continued his education and trained with various other experts in the field of biofeedback and neurofeedback including Jay Gunkelman, Lynda & Michael Thompson, Jeff Cram, Richard Gevirtz, Tom Collura and Donald Moss. Angelo has considerable experience working with children and adults suffering from Neuro-Developmental Disorders, such as ADHD, Learning Difficulties, Aspergers, as well as Anxiety, Depression, Obsessive Compulsive Disorder, PTSD, Chronic Pain, Headaches, and Post-concussion syndrome.

The objective of this workshop is to provide participants with the basic knowledge and training to get started with neurofeedback and biofeedback. The workshop will be interactive, and questioning is highly encouraged. Of course, it is recommended that would-be practitioners choose a supervisor to assist them in their learning. Further training and continuing education is also recommended. Supervised practical training is essential.

Workshop Outline

- **Day One**
 - Introduction: Overview of EEG Biofeedback/Neurofeedback
 - History and Development: Evolution of clinical practice.
 - The 10 - 20 System for Sensor Placement
 - Understanding the EEG Signal and its Components - EEG Bandwidths
 - Physiological and Behavioural Correlates of the EEG
 - Practical Applications:
 - *Identifying 10-20 System Electrode Sites*
 - *Achieving good Impedance Sensor Connection*
 - Peripheral biofeedback: Biofeedback modalities and the Body
 - *Breathing techniques, GSR, Skin Temperature, Surface EMG*
- **Day Two**
 - Brain basics and neurophysiology. Structure and Function of the Central Nervous System (CNS)
 - Regulation, Dysregulation and Disorders in the CNS
 - Disorders and Applications of Neurofeedback
 - *(ADHD, Learning Difficulties, Anxiety, Depression, TBI, Headaches)*
 - Compressed Spectral Array and normal EEG distribution
 - EEG and Electrophysiology: - Montages (referential vs sequential)
 - Protocol decision
 - Practical Application: Identifying Artifact In the EEG, 1 channel assessment)
 - Assessment Process

**COST OF THE 2 DAY WORKSHOP IS \$550 (MORNING TEA, LUNCH & AFTERNOON TEA WILL BE PROVIDED).
FOR EARLY BIRD SPECIAL OF \$500 REGISTER BEFORE 14 AUGUST 2009. ALL PRICES INCLUDE GST .
DISCOUNTS ALSO AVAILABLE FOR BONA FIDE STUDENTS AND REPEATERS!! **PLACES ARE LIMITED.****

**Enquiries: (02) 96046937 or (02) 96318944
shekinah@ihug.com.au**

V e n u e

Museum Railway Station



Regarding accommodation contact Y Hotel:-

Y Hyde Park Hotel
5-11 Wentworth Ave | Sydney 2000
Phone (Australia) 1800 994 994
Phone (Overseas): +61 2 9264 2451
Fax: +61 2 9285 6288

enquiry@yhotel.com.au

http://www.yhotel.com.au/yHotel_HydePark.htm

Car Parking at Wilson Car Park

The best parking is on the corner of Goulburn and Elizabeth Street, (entry via Goulburn Street). Weekend rates are \$10 per day.



Museum Railway Station a 3 minute walk.

Should you be traveling from interstate it is very convenient to catch the train from the airport to Museum Railway Station.

Registration Form: *Getting Started with Neurofeedback Workshop* Saturday & Sunday, 29-30 August 2009

Cost: \$550 . Early bird special: \$500 for registration before 14 August 2009
Students: \$375 (Student ID required) (Fees include GST, morning & afternoon tea & lunch.)

First Name: _____ Surname: _____

Address: _____

Tel.: _____ Fax: _____ Email: _____

Profession: _____ Agency/Org: _____

Payment Details

I enclose a cheque for \$ _____. Payable to **"Shekinah Optimal Pty Ltd"**.

Please debit my credit card AUD\$ _____ MasterCard Visa

Cardholder Name _____

Card No: ____/____/____/____ Expiry Date ____/____

Cardholder's Signature _____

Please return the completed form to: Shekinah Optimal Pty Ltd, PO Box 238W, Fairfield West NSW 2165

Fax: 02 9604 1307; Ph: (02) 9604 6937 or 9631 8944; Email: shekinah@ihug.com.au

How did you find out about the workshop?
